THE J.M. SMUCKER Co

Peanut Butter Banana Smoothie

Kickstart your day with a creamy and delicious Peanut Butter Banana Smoothie! This easy-to-make smoothie combines the fresh roasted taste of **Jif®** Creamy Peanut Butter with the natural sweetness of a frozen banana. Perfect for breakfast or a quick snack, this smoothie is both tasty and a great way to start your day.

Prep Time	Cook Time	Serves	Difficulty
5 mins	N/A	1	Easy

Ingredients

- 2 tablespoons Creamy Peanut Butter
- 1/2 cup milk
- 1/2 of a frozen, ripe banana
- 1/2 cup ice cubes

Directions

Step 1: Place ingredients in a blender.

PLACE milk, banana, peanut butter and ice in a blender container.

Step 2: Blend until smooth.

BLEND until smooth. Pour in a glass and enjoy. Change it up and add other ingredients you love.

Images

