THE J.M. SMUCKER Co

Ants on a Banana Log Snack

Looking for a fun and easy snack? Try our Ants on a Banana Log! This easy-to-make treat combines the creamy goodness of **Jif®** Peanut Butter with the natural sweetness of bananas. Perfect for kids and adults alike, this snack is topped with your favorite cereals, granola, trail mix, nuts, seeds, or dried fruits for a delightful taste and crunch.

Prep Time	Cook Time	Serves	Difficulty
3 mins	N/A	1	Easy

Ingredients

- 2 tablespoons Squeeze Creamy Peanut Butter
- -OR-
- 2 tablespoons Creamy Peanut Butter
- 1 banana
- Sprinkles of your favorite cereals, granola, trail mix, nuts, seeds or dried fruits

Directions

Step 1: Cut banana in half lengthwise, then each piece in half again.

CUT the banana in half, lengthwise. Then each piece in half again.

Step 2: Squeeze or spread peanut butter on banana.

SQUEEZE or SPREAD peanut butter on each banana slice.

Step 3: Top with toppings.

TOP peanut butter with sprinkled cereal, granola, nuts, seeds or dried fruit.

Images

